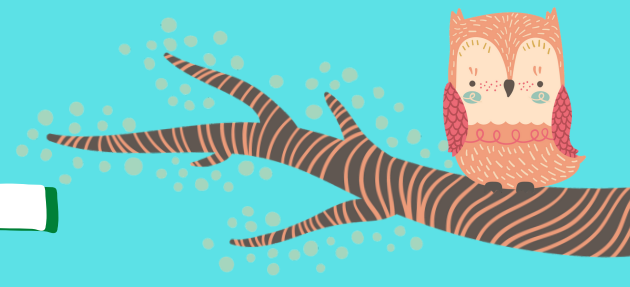


# 4 Weeks OF NATURE



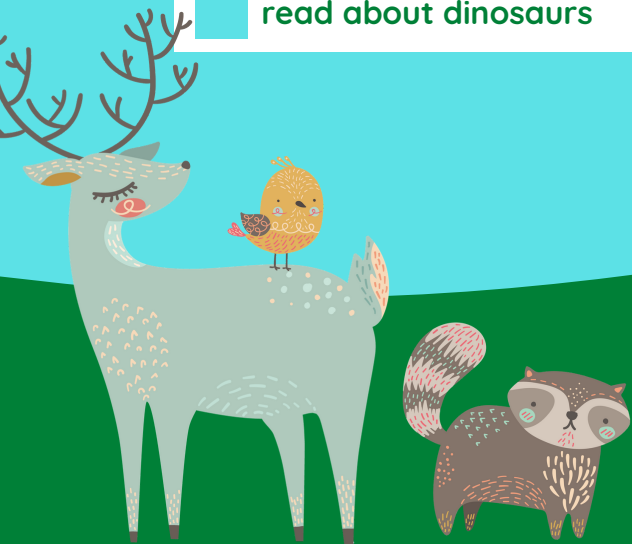
- go for a walk around the neighborhood and watch for birds & bees
- use a digital camera to take photos of all the nature you can find inside
- make a bouquet from backyard grasses, flowers, and twigs
- pull out bird guides and use binoculars to identify birds from the balcony
- make a map of the nature features in your community
- enjoy a family adventure-themed movie
- visit a local lake, creek, or pond and bring along some scoops and buckets
- watch a live-feed on-line wildlife camera
- use backyard nature treasures to make an art collage
- scour the corners, the basement, and garage for signs of creepy crawlies
- explore a local nature trail or wild nature reserve
- look for signs of creatures living in the backyard
- watch a kid's science or nature documentary



- read about birds
- read about bugs
- read about ocean life
- read about space
- read about dinosaurs

- go for a bike ride
- pull out the sidewalk chalk
- go puddle jumping
- climb a tree
- do some star gazing

- plant some seeds
- tend to the garden or yard
- do a nature scavenger hunt
- eat your lunch outside
- try nature journalling



# 4 Weeks OF NATURE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Go for a family bike or scooter ride	Start a sit-spot nature journal 	Make a bouquet of dried grasses & flowers	Have a family picnic or campfire	Learn how to geocache and explore any finds near by	Draw with sidewalk chalk or play with bubbles	Walk around the block and wave at everyone you see
Go on a hunt to collect small twigs and rocks 	Watch a family adventure movie	Play with hoola hoops, Frisbees, & skipping ropes	Investigate under large rocks in the backyard	Paint the twigs and rocks you collected earlier 	Go for a hike on a local trail or around your community	Draw the nature you see from your window
Visit a creek, lake, or beach. Bring buckets and a snack	Do some night-time star gazing	Bring bird or bug guides outside to identify them	Tend to house plants and the garden or plant seeds	Watch some on-line webcams or zoo lives	Dig out the unused sports equipment in the garage	Visit a local nature reserve or trail 
Watch a nature or science documentary	Take your books to read outside	Identify trees and plants in your yard	Go on a nature scavenger hunt 	Collect nature treasures and make a collage	Make a backyard obstacle course	Have a family ball game 