

Make getting out on little adventures a little easier by having this check list to refer to when packing your bag.

There are blank slots for you to add any specifics items relevant to your family. I've created two versions for you to use how you prefer.

www.TakeThemOutside.com

LET'S 60 OUTSIDE Daypack packing list

THE ESSENTIALS	other considerations
☐ Lightweight backpack	☐ Sunscreen
☐ Small first aid kit	☐ Bug spray
☐ Tissues	Warm clothing
☐ Small baggie for garbage	Phone and wallet
	Diapers and wipes
	☐ Map of the area
FOOD AND DRINK	
☐ Water for everyone	
□ Snacks	THE EXTRAS
☐ Lunch food	☐ Binoculars
☐ Just-in case energy bars	☐ Camera
	☐ Trail guides
	☐ Hiking Poles
	☐ Treats or activity
TakeThemoutside.com	

DAYPACK LIST

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	Camera
	Trail guides
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